Examples 16.9.2 Here $F$ denotes the field $\mathbb{Q}$ of rational numbers.
(a) Let $\alpha$ be the "nested" square root $\alpha=\sqrt{4+\sqrt{5}}$. To determine the irreducible polynomial for $\alpha$ over $F$, we guess that its roots might be $\pm \alpha$ and $\pm \alpha^{\prime}$, where $\alpha^{\prime}=\sqrt{4-\sqrt{5}}$. Having made this guess, we expand the polynomial

$$
f(x)=(x-\alpha)(x+\alpha)\left(x-\alpha^{\prime}\right)\left(x+\alpha^{\prime}\right)=x^{4}-8 x^{2}+11
$$

It isn't very hard to show that this polynomial is irreducible over $F$. We'll leave the proof as an exercise. So it is the irreducible polynomial for $\alpha$ over $F$. Let $K$ be the splitting field of $f$. Then

$$
F \subset F(\alpha) \subset F\left(\alpha, \alpha^{\prime}\right) \quad \text { and } \quad F\left(\alpha, \alpha^{\prime}\right)=K
$$

Since $f$ is irreducible, $[F(\alpha): F]=4$ and since $\sqrt{5}$ is in $F(\alpha), \alpha^{\prime}=\sqrt{4-\sqrt{5}}$ has degree at most 2 over $F(\alpha)$. We don't yet know whether or not $\alpha^{\prime}$ is in the field $F(\alpha)$. In any case, [ $K: F$ ] is 4 or 8 . The Galois group $G$ of $K / F$ also has order 4 or 8 , so it is $D_{4}, C_{4}$, or $D_{2}$.

Which of the conjugate subgroups $D_{4}$ might operate depends on how we number the roots. Let's number them this way:

$$
\alpha_{1}=\alpha, \quad \alpha_{2}=\alpha^{\prime}, \quad \alpha_{3}=-\alpha, \quad \alpha_{4}=-\alpha^{\prime}
$$

With this ordering, an automorphism that sends $\alpha_{1} \rightsquigarrow \alpha_{i}$ also sends $\alpha_{3} \rightsquigarrow-\alpha_{i}$. The permutations with this property form the dihedral group $D_{4}$ generated by

$$
\begin{equation*}
\sigma=(1234) \text { and } \tau=(24) \tag{16.9.3}
\end{equation*}
$$

Our Galois group is a subgroup of this group. It can be the whole group $D_{4}$, the cyclic group $C_{4}$ generated by $\sigma$, or the dihedral group $D_{2}$ generated by $\sigma^{2}$ and $\tau$.

Note: We must be careful: Every element of this group $D_{4}$ permutes the roots, but we don't yet know which of these permutations come from automorphisms of $K$. A permutation that doesn't come from an automorphism tells us nothing about $K$.

There is one permutation, $\rho=\sigma^{2}=(\mathbf{1 3})(\mathbf{2 4})$, that is in all three of the groups $D_{4}, C_{4}$, and $D_{2}$, so it extends to an $F$-automorphism of $K$ that we denote by $\rho$ too. This automorphism generates a subgroup $N$ of $G$ of order 2 .

To compute the fixed field $K^{N}$, we look for expressions in the roots that are fixed by $\rho$. It isn't hard to find some: $\alpha^{2}=4+\sqrt{5}$ and $\alpha \alpha^{\prime}=\sqrt{11}$. So $K^{N}$ contains the field $L=F(\sqrt{5}, \sqrt{11})$. We inspect the chain of fields $F \subset L \subset K^{N} \subset K$. We have $[K: F] \leq 8$, $[L: F]=4$, and $\left[K: K^{N}\right]=2$ (Fixed Field Theorem). It follows that $L=K^{N}$, that $[K: F]=8$, and that $G$ is the dihedral group $D_{4}$.
(b) Let $\alpha=\sqrt{2+\sqrt{2}}$. The irreducible polynomial for $\alpha$ over $F$ is $x^{4}-4 x^{2}+2$. Its roots are $\alpha, \alpha^{\prime}=\sqrt{2-\sqrt{2}},-\alpha,-\alpha^{\prime}$ as before. Here $\alpha \alpha^{\prime}=\sqrt{2}$, which is in the field $F(\alpha)$. Therefore $\alpha^{\prime}$ is also in that field. The degree $[K: F]$ is 4 , and $G$ is either $C_{4}$ or $D_{2}$.

Because the operation of $G$ on the roots is transitive, there is an element $\sigma^{\prime}$ of $G$ that sends $\alpha \rightsquigarrow \alpha^{\prime}$. Since $\alpha^{2}=2+\sqrt{2}$ and $\alpha^{\prime 2}=2-\sqrt{2}, \sigma^{\prime}$ sends $\sqrt{2} \rightsquigarrow-\sqrt{2}$ and $\alpha \alpha^{\prime} \rightsquigarrow-\alpha \alpha^{\prime}$.

